

Fresh Fish per kilo

Bass 2-3kg	17.80
Bass 1-2kg	10.50
Bass 6-800g (farmed)	8.50
Black Bream 1kg each	8.50
Brill 2kg++	15.50
Chipiron-tiny Squid	7.90
Cod Roe-smoked	18.50
Cod Fillets	11.90
Cod Cheeks	7.80
Codling approx. 1kg each	5.50
Dorade Royale	Wed
Flounders	3.50
Gurnard	7.50
Haddock Smoked	12.50
Haddock Fresh fillets	10.50
Hake 1-2kg	5.50
Hake 2-3kg	7.50
Halibut, farmed 7-9kg	12.80
Lemon Sole portion, day boat	9.80
Mackerel large	5.70
Monk Tails 2kg++	15.95
Monk Tails 1-2kg	15.50
Monk Cheeks-skinless	14.80
Octopus-lge double suckered	9.50
Octopus-Cornish	5.50
Pollack—large	8.50
Sardines..Cornish, day boat	4.50
Sardines Fillets	6.90
Skate Wings 1-2lb	8.50
Skate Cheeks	8.80
Sprats	3.50
Squid— small day-boat	11.50
Tuna Loin —Yellow Fin	17.50
Turbot 4kg++	28.50
Whitebait-fresh	5.50

SMOKED SALMON

Sliced Scottish	15.90
Untrimmed Scottish	12.50
Sliced Organic	18.50
Untrimmed Organic	14.70
Gravadlax...D sliced	16.50

NORWEGIAN AIR-DRIED STOCKFISH (stoccafisso) £25.50KG

What's happening this week

Sprats	3.50
Hake 1-2kg	5.50
Whiting 3-500g	3.70
Lge Mackerel	5.70
Skate 6-800g	8.50
Cornish Octopus	5.50
Lemon Sole	9.50

SMOKED COD ROE
Cured & smoked here at Chef Direct £18.50kg

The weather was a little more settled this week-end with the Scottish Divers all managing to get into the water so we should have steady supplies throughout the week.

Live langoustine will be available on Thursday and Friday.

Supplies of French Chanterelle and Spanish Pied de Mouton are good at the moment.

The Cockles from the River Exe are outstanding and all grit free after 5 days purifying.

Clams & Shellfish

Manilla Clams	9.50
Vongole Veraci	
Cockles-large	6.50
Razor Clams	9.50
Wild Devon Mussels	3.75
Surf Clams	8.50
Oysters Pacific	0.38 ea
Cooked Whelk Meat	8.50

Raw, peeled fresh Tiger Prawn tails £18.50kg for 50

SEA KALE 225G BUNDLES @ £7.50 EA
Forced stems

Scottish Diver Scallops available

Fresh Soup Mix From Cornish day boats **£5.50**
Pin Hake, Gurnard Conger etc

BLACK PUDDINGS
WITH FRESH PIGS BLOOD
Made in a terrine mould each weighs approx. 1.5kg.
At £9.50kg a typical pudding will cost **£15.00.**

Anchovy fills
In oil (white)
1kg tub = £10.00
Salted Anchovy Fills. (brown)
1kg tub = £13.50

Wild Mushrooms

Pied de Mouton.Spain	20.50
Chanterelle Jeune Fra	19.50
Chanterelle Gris. Fra	17.50
Blewits	18.50
Grey Oysters	6.70
Dried Morels 500g	125.
Dried Trompet 500g	39.00
Dried Girolles -500g	60.00
Frozen Morels	28.50
Frozen Cepes. Bouchon	25.00
Frozen Girolles	25.00
Welsh Laver Bread	11.50

Rollmop Herrings £12.92
Herrings in Dill £12.92
PER TUB

USA ROCK SHRIMPS 2.27KG
BLOCKS OF PEELED TAILS
£33.95KG
SOFT SHELL CRABS ARE
DOWN IN PRICE TO £1.85
EACH AND ARE PACKED
IN 14'S

LOBSTERS

Cornish Select lobster	N/A
Canadian Lobsters	22.75

DEVON CRABS

Large Cocks	7.50
Small Cocks	5.50
Portion sized crabs..each	2.80
Spider Crabs	6.75

Portion sized crabs of approx 750grams are available at £2.80 each

COCKLES

All clean & grit free
£5.75kg

Duck Eggs
£6.00 tray

Salmon

Organic Salmon	7.90
Scottish Superior	6.50

Scallops

Diver Scallops-	8.50
Dry Cut Scottish Meat	21.50

Soup Mix

Conger, Gurnard, John Dory, Hake, Sand sole
£5.50kg

Dry Salt Cod 14.50
Wet Salt Cod 13.50

Soft Shell Crabs:-
Jumbos
1.85ea

Blue Swimming Crab
Claw Meat 454g pack
7.75 ea

Anchovies in oil 1kg
10.00ea.

Keta caviar 100gram
7.50ea

Sweet cure Herrings
10.85ea.

Prawns & Shrimps

Peeled, deveined Tiger Prawn Tails (50 per kilo)	18.50
Whole Raw Tiger Prawns	16.50
Shell on Cooked Prawns	7.75
Cooked, Peeled Atlantic Prawns	9.90
Peeled Brown Shrimp Meat	32.00